	Terrengkategori	Småkupert	Myr	Småkupert	Utforbakke	Motbakke	Sti-terreng	Kupert-ulendt	Tid 1 runde	Tid 2 runder
	Delstrekk nr.	***1***	***2***	***3***	***4***	***5***	***6***	***7***		
	Lengde (meter)	***790***	***330***	***510***	***300***	***300***	***650***	***700***	***3580***	***7160***
	Stigning (meter)	***45***	***0***	***20***	***0***	***60***	***25***	***25***	***175***	***350***
	Fall (meter)	***35***	***0***	***5***	***60***	***0***	***20***	***45***	***165***	***?***
Dato	**Navn**									
07.06.2007	Ulf Brenna	03:30	02:15	02:30	01:34	03:07	03:20	04:16	**20.32**	
07.06.2007	Hans Olof Amblie	03:34	02:22	02:33	01:35	03:47	03:43	04:50	**22.24**	
07.06.2007	Anne Margrethe Hausken	03:46	02:28	02:45	01:37	03:24	03:37	04:52	**22.29**	
07.06.2007	Hanne Staff	04:00	02:34	02:56	01:47	03:35	03:57	05:01	**23.50**	
07.06.2007	Anne Marie Bleken	04:17	02:51	03:06	01:54	03:47	04:15	05:24	**25.34**	
07.06.2007	Marit Kahrs	04:26	03:05	03:13	02:02	04:05	04:13	05:30	**26.34**	
07.06.2007	Cassie Trewin	04:34	03:04	03:17	01:56	03:51	04:25	05:29	**26.36**	
07.06.2007	Linda Antonsen	04:36	03:06	03:23	02:00	04:10	04:36	05:55	**27.46**	
08.06.2005	Johanna Ring	04:31	03:18	03:11	02:08	04:12	04:39	05:38	**27.57**	
08.06.2005	Daniel Marston	03:30	02:09	02:34	01:37	02:46	03:14	04:19	**20:09**	
		03:37	02:12	02:24	01:34	02:58	03:16	04:21	**20:22**	**40:31**
08.06.2005	Anders Nordberg	03:14	02:06	02:20	01:22	02:59	03:12	04:02	**19:15**	
		03:54	02:35	02:39	01:31	03:23	03:24	04:14	**21:40**	**40:55**
08.06.2005	Bjørnar Valstad	03:34	02:11	02:30	01:34	02:55	03:15	04:26	**20:25**	
		04:02	02:30	02:42	01:36	03:15	03:30	04:30	**22:05**	**42:30**
08.06.2005	Thomas Jakobsen	03:44	02:46	02:41	01:37	03:37	03:41	04:38	**22:44**	
		05:27	03:20	03:05	01:51	04:38	04:07	05:00	**27:28**	**50:12**
07.06.2007	Jan Sverre Edstrøm								**22:09**	
07.06.2007	Truls Kvaase								**25:50:00**	
07.06.2007	Peter Westerberg									**46:48:00**
07.06.2007	Øystein Sørensen									**46:48:00**